

# National Nursing Assistants Week June 9-16

*By Teresa D'Jerma, RN*

This week is National Nursing Assistant Week. I would just like to take this opportunity to tell you why we should celebrate the nursing assistants in our community and share with you how they help us. Currently, Ferry County Public Hospital District #1 employs 21 Nursing assistants.

Just like nurses are the eyes, ears, and hands of doctors, nursing assistants are the eyes, ears, and hands of nurses. Nursing assistants are the base that nurses and providers build upon to improve and maintain the health of patients, residents, and the homebound members of our community. The job of the nursing assistant is to provide patients with the activities of daily living, the tasks that the healthy take for granted: bathing, eating, dressing, brushing teeth, brushing hair, shaving, going to the bathroom, maintaining a neat

appearance, and housekeeping. Nursing assistants also help patients with exercises to maintain or improve mobility and engage their brains by one on one conversations, playing games, reading, TV watching, and providing contact with the world outside the hospital, nursing home, or home.

Ferry County Public Hospital District #1 offers nursing assistant classes periodically throughout the year based on staffing needs and community interest. Community members who are interested in the nursing assistant training contact Human Resources at 509-775-3333 or check out the website: [www.fcphd.org/](http://www.fcphd.org/).

Let us all take the time to thank the nursing assistants in our community!

*Prior Hospital Happenings available at <http://www.fcphd.org/news.html>*

**Ferry County Public Hospital District**

*Improving Health – Saving Lives*



Ferry County Public Hospital District